



# DESIGNED VIRTUAL CARE

POWERED BY ACEC LIFE/HEALTH TRUST



Designed Telehealth has been upgraded to Designed Virtual Care. This exciting new bundle includes behavioral health, dermatology, back care, and expert medical services. All of these programs can be accessed from your HealthiestYou app—same great app, now with more services!

## Core services include:



### TALK TO A DOCTOR 24/7

For conditions like the flu, bronchitis, allergies, sore throats, skin conditions and more.

PPO: \$0 | HSA: \$40 copay



### RELIEF FROM SKIN ISSUES

Upload photos of your condition to the app and get a treatment plan from a dermatologist within two business days.

PPO: \$0 copay | HSA: \$75 copay



### GET SPECIALIST MEDICAL ADVICE

Get a second opinion on an existing diagnosis and treatment for more serious conditions for free.



### CONFIDENTIAL COUNSELING 7 DAYS A WEEK

Our professionals are available to talk when you are feeling stressed, overwhelmed, down, or not like yourself.

PPO: \$0 copay | HSA: \$85 per visit (counselor/therapist/psychologist) or \$200 first visit, then \$95 follow-up visits (psychiatrist)



### BACK CARE

Relieve your back pain through guided videos with a certified health coach for free.

## Next Steps

Follow these simple steps to get started:

### WHITELIST OUR EMAILS

Whitelist [@teladohealth.com](mailto:teladohealth.com) and [@healthiestyou.com](mailto:healthiestyou.com) on your email server to receive our emails and avoid them being blocked as spam.

### CONTINUALLY ENGAGE MEMBERS

Be sure to promote Designed Virtual Care by forwarding emails and marketing materials to members.

### ENSURE MEMBERS SET UP THEIR HEALTHIESTYOU ACCOUNTS

Encourage members to register online or through the app as soon as possible so they have all of the Virtual Care services at their fingertips.

### LEAN ON YOUR HEALTHIESTYOU REPRESENTATIVE FOR SUPPORT

Feel free to contact Maya Abou-Eid at any time with questions. (See contact information in lower left.)

GET STARTED TODAY! FOR MORE INFORMATION,  
PLEASE CONTACT MAYA KILDEW AT 480.454.1973  
OR [MKILDEW@TELADOCHEALTH.COM](mailto:MKILDEW@TELADOCHEALTH.COM)