

- ✓ Annual Health Screening
- ✓ Annual Health Assessment

# DO THIS. EARN THIS.



**Get a snapshot of your current health and start earning toward your maximum reward.**

Complete your annual health assessment and biometric screening—two quick and easy ways to gauge your health—which are required to earn your reward.

**Log in to your Designed Wellness account today** to find your route to better health and well-being.

*Please note that it may take up to two weeks for your health screening results to appear in your Designed Wellness account.*

\*Only employees and spouses who are enrolled in an ACEC Life/Health Trust medical plan are eligible to earn rewards. View your rewards information by visiting the Rewards tab in your Designed Wellness account.