

RedBrick Health Training
Impact Health – ACEC
Onsite Health Screening FAQ

General RedBrick Health and Health Screening Information

What is the purpose of RedBrick Health?

RedBrick Health wants to help you be healthy. We work with your employer to provide you with engaging wellness programs that will help you improve your lifestyle habits, reach your health goals, and keep you feeling your best! RedBrick Health programs are designed to fit into your busy lifestyle and reward you for taking an active role in managing your health.

ACEC Designed Wellness Premier Plan: Completing a health screening is one of requirements for the Designed Wellness Premier Plan.

ACEC AHIP: Completing a health screening is one of the requirements for the AHIP Plan.

What does RedBrick Health do with my health information?

RedBrick Health uses your health information to learn about your current behaviors and identify what lifestyle changes could improve your well-being and happiness. Your information is confidential and will not be shared with your employer or your insurance provider.

Is my participation in the Health Screening or any other RedBrick Health programs tracked by my company?

Your participation is confidential and will not be shared with your employer or your insurance provider.

What is the cost to me for participating in RedBrick Health programs? How much more would I be getting paid if we didn't have RBH services?

RedBrick Health programs are available to you at no charge. We understand that changing your habits and improving your health takes time and energy, so we reward you for taking small steps towards your health and wellness goals.

ACEC Designed Wellness Premier consumers can earn \$300 in rewards that can be redeemed through Real Time Rewards for gift cards from a variety of popular retailers. Plan enrollment is made at the Firm level.

ACEC AHIP consumers can earn \$400 in rewards that can be redeemed through Real Time Rewards for gift cards from a variety of popular retailers. Plan enrollment is made at the Firm level.

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When will my information from the onsite health screening appear in my RedBrick Health account online?

Health screening numbers will appear in your RedBrick Health within 10 business days following the day of the Health Screening. You can view your numbers by logging into your RedBrick Health account, navigating to the left hand menu and selecting Health Screening.

What if I can't attend the onsite Health Screening? Is there another way to complete the Health Screening process?

Yes, there are two other ways that you may complete a health screening.

1. Visit your regular health care provider
 - *Your provider must complete the Health Screening Form and return it to RedBrick Health via email, fax, or US mail for you to receive credit for completing a Health Screening.*
2. Visit a local LabCorp facility
 - *You will need to bring the LabCorp voucher with you to the screening appointment. Your results will be sent to RedBrick Health from LabCorp*

You can find the both the Health Screening Form and the LabCorp voucher by following these steps:

3. Visit **designedwellness.redbrickhealth.com**
4. Log into your account using your username and password
5. Go to the Health Screenings page – selected from the menu at the top left of the home page
6. **For the Health Screening form**, select “Your Provider” near the bottom of the page, and then click on “Health Screening Form” to download the form
7. **For the LabCorp Voucher**, select “LabCorp” near the bottom of the page, and then click on “LabCorp Health Screening Voucher” to download the voucher
 - *Here there is also an option to schedule an appointment at the nearest LabCorp location*
8. Print either the health screening form or LabCorp voucher and take it with you to your health screening appointment. Directions on how to use and submit the provider health screening form are included in the PDF.

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What do I receive for participating in the onsite Health Screening or completing a Health Screening with my health care provider?

ACEC Designed Wellness Premier: Completing a health screening is one of the requirements for the Designed Wellness program and by doing so, you will receive \$100 towards a Real Time Rewards gift Card. Completion of the health assessment is also required in order to redeem rewards.

ACEC AHIP: Completing a health screening is one of the requirements for the AHIP program and by meeting all the AHIP requirements, you will be eligible for a premium differential and \$200 towards a Real Time Rewards gift card.

What do I receive for participating in other RedBrick Health programs?

Premier Plan: Consumers can earn up to \$300 for completing healthy activities; Health Screening and Health Assessment are required.

AHIP Plan: Consumers can earn up to \$400 for completing healthy activities; Health Screening and Health Assessment are required.

When can I expect to receive my incentives for participation?

ACEC Designed Wellness Premier and AHIP consumers will receive their incentive immediately through the Real Time Rewards gift card redemption program.

How do I contact RedBrick Health with any questions?

Call: 844-724-5268

RedBrick Health Terminology

Client: Employers paying for RedBrick Health programs and services.

Consumer: Any person enrolled in RedBrick Health programs and services.

RedBrick Health Portal: A consumer's personal RBH website by visiting www.redbrickhealth.com and clicking "Sign In", entering their company's name then by either registering or signing in.

Health Map: Personal health roadmap based on the individual consumer's health information, with recommendations on areas to improve, action steps, and available coaching based on specific behaviors and conditions.