



# LIVE HEALTHY, GET REWARDS

## Small steps lead to big changes.

Hitting your health goals and achieving a healthier lifestyle is easy and fun with the new Designed Wellness program now available from Virgin Pulse. This free well-being program is available to all ACEC Life/Health Trust members and their benefits-enrolled spouse and domestic partner to provide all the guidance, resources and support you need to cheer you along as you work toward a healthier lifestyle.

### Get started today!

Download the Virgin Pulse mobile app or go to [join.virginpulse.com/DesignedWellness](https://join.virginpulse.com/DesignedWellness) to register for your NEW account and begin earning rewards as you work toward your well-being goals.

