




Compare your Telehealth Options



Telehealth saves you time and money – and the Trust gives you multiple telehealth options. See which is best for your needs.

Coverage Type	 DESIGNED VIRTUAL CARE <small>POWERED BY ACEC LIFE/HEALTH TRUST</small>	 United Healthcare	 MERITAIN [®] HEALTH <small>An Aetna Company</small>
	HealthiestYou	Virtual Visits	Telehealth
Eligibility	All members and covered spouses at firms active in the Trust.	Based on your plan, which you can find on your medical card.	
Copay	No copay	Yes	Waived thru Dec. 31, 2021
Processed as a claim	No	Yes	Yes
Contributes towards deductible / out of pocket	No	Yes	Yes
Uses an app	Yes: HealthiestYou	Yes: Teledoc, Amwell and Doctors on Demand	No: The healthcare provider will determine the type of technology used for the televisit
Use my current doctor / choose a doctor	Doctors are assigned based on specialty, or members can search for in-network primary/specialty providers using "Find a Doctor" via Expert Medical Services	Depends on your health plan and if your physician is available through one of the apps listed above	Yes: Depends on your health plan and if your physician is available and will provide the type of technology for the visit
Use my personal health records	Records can be sent after consultation	Yes: If you use your primary physician	Yes: If you use your primary physician
Mental health / behavioral health coverage	Yes: Consultations included, no claims needed	Yes: If your plan includes an employee assistance program, you may receive an annual referral for up to three face-to-face visits with an in-network provider. Visit MyUHC.com for details	Yes: If your plan includes an employee assistance program Call the 800# on your medical card for details

Contact your firm's benefits administrator or the phone number on the back of your medical card.