

# DESIGNED WELLNESS

POWERED BY ACEC LIFE/HEALTH TRUST



CHECKLIST FOR EMPLOYEE ENGAGEMENT	✓
<p><b>Schedule an implementation call with your Regional Account Manager.</b> Your Regional Account Manager will review the latest program offerings and answer any questions that you may have.</p>	
<p><b>Schedule an Employee Webinar</b> Your Regional Account Manager can present an overview webinar for your employees to provide further details on the 2022 Designed Wellness program.</p>	
<p><b>Set up your own Designed Wellness Account</b> <a href="http://join.virginpulse.com/designedwellness">join.virginpulse.com/designedwellness</a>. Not covered by the medical plan? Contact your Regional Account Manager and we can provide you with a demo account.</p>	
<p><b>Request and update an Employee Roster</b> Want to make sure all of your employees receive wellness communications? Request a current member roster to provide missing or updated email addresses for your employees and spouses.</p>	
<p><b>Plan to participate in the Life/Health Trust Challenges.</b> Challenges will be held in February, May, August, and October.</p>	
<p><b>Send out an introductory email to your employees.</b> Visit our Wellness Champion Portal for introductory emails for each plan. <a href="#">CLICK HERE</a></p>	