

DESIGNED WELLNESS

POWERED BY ACEC LIFE/HEALTH TRUST



CHECKLIST FOR EMPLOYEE ENGAGEMENT	✓
<p>Schedule an Employee Webinar Our Wellness Team can present an overview webinar for your employees to provide further details on the Designed Wellness program. CLICK HERE to schedule your call or webinar</p>	
<p>Set up your own Designed Wellness Account join.virginpulse.com/designedwellness Not covered by the medical plan? Contact our Wellness Team at Wellness@aceclht.com and we can provide you with an account.</p>	
<p>Request and update an Employee Roster Want to make sure all of your employees receive wellness communications? Request a current member roster to provide missing or updated email addresses for your employees and spouses. CLICK HERE</p>	
<p>Plan to participate in the Life/Health Trust Challenges. Challenges will be held in February, May, August, and October</p>	
<p>Send out an introductory email to your employees. Visit our Wellness Champion Portal for introductory emails for each plan. CLICK HERE</p>	
<p>Try the new 2022 features: Use the new My Care Checklist located on the Benefits tab Order your Free meals from EAT Fit Go here Redeem your Peloton Digital Membership here -(UHC Firms only) Redeem your Apple Fitness Membership here – UHC Firms only)</p>	