

News & Updates for 2020



NEW YEAR. NEW WELLNESS KITS.

Earlier this year, you were mailed the New Year Wellness Kit to help implement Designed Wellness at your firm. Use the materials found in the kit to help your firm meet its wellness goals for 2020. If you did not receive the kit, please email wellness@aceclifehealthtrust.com.

ENTER FOR THE CHANCE TO WIN A GIFT CARD

We are introducing multiple opportunities for you and your employees to win gift cards just for completing the annual Health Assessment. Remember, the Health Assessment is a great way to get an instant snapshot of your current health. You have the following opportunities to win a gift card:



- If you are enrolled in the Basic Plan and complete the assessment by March 31, you have the chance to win a \$25 Amazon gift card.
- Wellness Champions at firms with the Premier and AHIP Plans that achieve an assessment participation rate of at least 50 percent by March 31 will have the chance to win a \$50 gift card. See below for examples of the kinds of gift cards available to you in 2020.

Note: Contest winners will receive an email notification on or before March 31. Gift cards will be mailed to winners' homes.



INTRODUCING ROMINA RODRIGUEZ, OUR NEW NATIONAL MEMBERSHIP MANAGER

We are excited to introduce Romina Rodriguez, your day-to-day contact for any of your needs or questions regarding Designed Wellness. You may reach her at 469.305.0097 (ext. 118) or romina@aceclifehealthtrust.com.

DESIGNED WELLNESS 2020 PROGRAM CHANGES

We continue to enhance and improve Designed Wellness to increase its effectiveness and impact on the health and well-being of your employees. In 2020:

- **Real Time Rewards will no longer expire.**
- **We are adding a third RedBrick Challenge** to all three plans (Basic, Premier and AHIP) to provide even more opportunities to earn rewards. Members under the Premier and AHIP plans will have the opportunity to earn up to \$75 in rewards per year, an increase of \$25 from last year.
- **More Basic Plan members will have the chance to win rewards.** Each quarter, we will raffle off the following to participating members:
 - » 15 participants will earn the chance to win \$250.
 - » 15 participants will earn the chance to win \$200.
 - » 20 participants will earn the chance to win \$100.
 - » 25 participants will earn the chance to win \$50.
- **We are introducing new gift card options!** You will now be able to use your gift cards at the following vendors:

New 2020 Vendors

Bed, Bath & Beyond	JCPenney	Sephora
Dick's Sporting Goods	Petco	Ulta